I am here to provide:

- One-on-one counseling
- Academic and personal support
- Help in developing effective communication skills
- Time management strategies and work/life balance
- Help overcoming self doubt and imposter syndrome
- Facilitate healthy research communities
- Referrals to campus services
- Lend listening ear when you are stressed

**Hours:** Call/text/email for an appointment  
**Location:** SSB 2nd floor Rm233  
**Phone:** 209-947-9358  
**Email:** mnishanian@ucmerced.edu